



# “PrimaCare” compulsory health insurance

## Your family doctor as your first point of contact

- » **PrimaCare** is a compulsory health insurance model based on the principle of the **family doctor**.

### Principles of insurance

- When signing up to PrimaCare insurance, you are free to designate your family doctor.
- In the event of a health problem, you must call upon this family doctor.
- If it is necessary to visit a specialist, the family doctor will refer you to the appropriate doctor.

### Your advantages

- You benefit from the advantages of having a trusted family doctor who can give you an overview of your health and medical history.
- You go to the appropriate specialist on the recommendation of your family doctor and save time and money.
- In addition to all these advantages, you also benefit from an attractive premium discount compared to standard basic health insurance.

## › Your commitment

In the event of a health problem, you visit the family doctor who has been selected as your general practitioner (GP).



**FAMILY DOCTOR**  
(GP)



**Treatment**

or



**GP Referral voucher**

If it is necessary to see another healthcare provider, a referral voucher must be sent to Groupe Mutuel.



**Other doctor**



**Referral voucher of the other doctor**



**Other healthcare provider**

### You are not required to visit your family doctor

- in case of emergency (report the case to your family doctor within 15 days of the emergency so that your medical records can be updated);
- for gynecological check-ups and treatments and those related to pregnancy and childbirth;
- for eye, dental and paediatrics check-ups and treatments;
- for the follow-up of a chronic illness (send us a one-off certificate signed by a doctor).

## › Consultation with another healthcare provider

If a consultation with another doctor is necessary, ask your family doctor for a referral voucher (written authorisation) which you can then send to your health insurance company. This second doctor will then issue a referral voucher, signed by the doctor, if the latter has to refer the treatment to another healthcare provider.

The current terms and conditions of insurance apply.

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