Alterna

Alternative medicine in line with your budget

We offer a cost-effective solution to cover the costs of alternative medicine treatments.

Thanks to Alterna, you benefit from coverage for alternative medicine treatments provided by a doctor.
Alterna insurance plan

Cover for 80% of the costs for the following alternative medicine treatments:

- **Naturopathy**
  - Acupuncture, auriculotherapy, bioresonance therapy, electro-acupuncture, homeopathy, magnet therapy, Chinese medicine, phytotherapy, neural therapy.

- **Manipulation techniques**
  - Etiotherapy, anthroposophic medicine, mesotherapy, orthobionomy, osteopathy, autogenic training.

- **Psychotherapy**
  - Bio-energetics, medical hypnosis, rebirthing, sophrology, eye movement desensitisation and reprocessing therapy (EMDR).

The Alterna insurance plan also covers the drugs required for these treatments up to a maximum of CHF 2,000 per year.

Dual expertise at your service

As a multi-line insurer, our activity focuses on health insurance and pension provision.

Whether you are a private customer, a self-employed individual or a business, we undertake to cater to all types of profiles.

The Special Terms and Conditions of Insurance apply.