



Alterna

Alternative medicine in line with your budget

- » We offer a cost-effective solution to cover the costs of alternative medicine treatments.

Thanks to Alterna, you benefit from coverage for alternative medicine treatments provided by a doctor.

› Alterna insurance plan

Cover for 80% of the costs for the following alternative medicine treatments:



› Naturopathy

Acupuncture, auriculotherapy, bioresonance therapy, electro-acupuncture, homoeopathy, magnet therapy, Chinese medicine, phytotherapy, neural therapy.

› Manipulation techniques

Etiopathy, anthroposophic medicine, mesotherapy, orthobionomy, osteopathy, autogenic training.

› Psychotherapy

Bio-energetics, medical hypnosis, rebirthing, sophrology, eye movement desensitisation and reprocessing therapy (EMDR).



The Alterna insurance plan also covers the drugs required for these treatments **up to a maximum of CHF 2,000 per year.**

Dual expertise at your service

As a **multi-line insurer**, our activity focuses on **health insurance and pension provision.**

Whether you are a private customer, a self-employed individual or a business, **we undertake to cater to all types of profiles.**

The Special Terms and Conditions of Insurance apply.

groupe**mutuel**

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