



# Alterna

## Alternative medicine in line with your budget

We offer a cost-effective solution  
to cover the costs of alternative medicine treatments.

Thanks to Alterna, you benefit from coverage for alternative medicine treatments provided by a doctor.

### Alterna insurance plan

- › Cover for 80% of the costs for the following alternative medicine treatments:

#### Naturopathy

Acupuncture, auriculotherapy, bioresonance therapy, electro-acupuncture, homoeopathy, magnet therapy, Chinese medicine, phytotherapy, neural therapy.

#### Manipulation techniques

Etiopathy, anthroposophic medicine, mesotherapy, orthobionomy, osteopathy, autogenic training.

#### Psychotherapy

Bio-energetics, medical hypnosis, rebirthing, sophrology, eye movement desensitisation and reprocessing therapy (EMDR).

- › The Alterna insurance plan also covers the drugs required for these treatments **up to a maximum of CHF 2,000 per year.**

The Special Terms and Conditions of Insurance apply.

Groupe Mutuel

Health® Life® Patrimony® Corporate®

**Groupe Mutuel**  
Assurances  
Versicherungen  
Assicurazioni

## Find out more about Alterna



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## Customised insurance solutions

Groupe Mutuel brings together several independent companies active in health and accident insurance, as well as life, patrimony and corporate insurance (daily allowance, accident insurance, occupational benefits and supplemental health insurance). Find out more about our extensive range of benefits.

**For non binding personal advice**  
Monday to Friday from 08.00 to 18.00

**Hotline** 0848 803 111 | **Fax** 0848 803 112 | **Web** [www.groupemutuel.ch](http://www.groupemutuel.ch)

Groupe Mutuel

Health<sup>®</sup> Life<sup>®</sup> Patrimony<sup>®</sup> Corporate<sup>®</sup>

**Groupe Mutuel Assurances GMA SA**

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