



Compulsory health insurance

OptiMed

The expertise of a health network at the service of your health

- Find a new family doctor easily and enjoy a reduced premium compared with the standard model.



A doctor member of a health network as your first point of contact

When you sign up, you choose a doctor who is a member of a health network from one of the OptiMed lists.

You must always see this doctor first.

Your advantages with OptiMed*

- ⇒ An **attractive premium reduction** compared with the standard model.
- ⇒ You get to benefit from the **sharing of experience** between doctors who are part of the same network.
- ⇒ With OptiMed, you may choose a new regular family doctor, or our telemedicine partner (Medgate) as your family doctor. Further information: www.groupe-mutuel.ch/en/medgate



* The OptiMed model is available in all of Switzerland, except in the cantons of Glarus, Obwalden and Ticino.

Conditions that are easy to follow

1. If you have a medical problem or question, **your first point of contact is always your family doctor.**
2. If your doctor refers you to a specialist, a **referral voucher** must be sent to us (by you or your doctor).
3. **You can go directly to the doctor of your choice in the event of an emergency or accident and for specific check-ups:** for example, during pregnancy, and for ophthalmological, dental and paediatric check-ups and treatments.

Geneva: exclusive benefits with the Delta Santé network

If your doctor is part of this network, you can enjoy the following new benefits:

- Free access to Health Points in Geneva
- Consultations with your family doctor without the co-payment
- Free-of-charge teleconsultations
- A follow-up programme for some chronic illnesses
- Access to your Customer Area online

Read more: www.groupe-mutuel.ch/en/Optimed-DeltaSante

It may happen that the conditions of the model are accidentally not followed. In this case, we will notify you by letter and will be happy to be of assistance. However, if you repeatedly fail to comply with the rules, we will have to transfer you to the Standard basic insurance model. You will then lose your premium reduction, but you will benefit from free choice of doctor, with no conditions to be met.



Discover OptiMed and choose your doctor:

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www.groupe-mutuel.ch/en/optimed

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