



Compulsory health insurance

OptiMed

What you need to know

- You have chosen **OptiMed** insurance, the alternative insurance model where you are free to designate, from a list, the general practitioner you must visit first in the event of a health problem.

Principles of insurance

- In the event of a health problem, you must first consult the general practitioner chosen from among the doctors on the OptiMed list when you took out insurance.
- Your general practitioner will refer you to another general doctor if necessary. In this case, you must send us a certificate (referral voucher) signed by your general practitioner.



General practitioner (GP)



Treatment

or



GP referral voucher

If you need to see another healthcare provider, a referral voucher must be sent to Groupe Mutuel.

Do you want to change your general practitioner?

1. Check whether your new doctor is on our list of doctors recognised under OptiMed

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2. Change your GP directly in the Groupe Mutuel app or notify us by  email: clients@groupemutuel.ch



Other doctor



Referral voucher from the other doctor



Other healthcare provider

You are not required to call upon your general practitioner

- in the event of an emergency;
- for gynaecological check-ups and treatments and those related to pregnancy and childbirth;
- for eye, dental and paediatric check-ups and treatments;
- for the follow-up of a chronic illness (send us a one-off certificate signed by a doctor).

The current terms and conditions of insurance apply.

groupe**mutuel**

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Insurance companies of Groupe Mutuel Holding SA: Avenir Assurance Maladie SA / Easy Sana Assurance Maladie SA / Mutuel Assurance Maladie SA
Philos Assurance Maladie SA / SUPRA-1846 SA / AMB Assurances SA / Groupe Mutuel Assurances GMA SA / Groupe Mutuel Vie GMV SA
Foundations administered by Groupe Mutuel Services SA: Groupe Mutuel Prévoyance-GMP / Mutuelle Neuchâteloise Assurance Maladie
Option Vested Benefits Foundation / Fondation Collective Option

