

List of other preventive measures

The insurance will cover these preventive measures under the third-party guarantor system (whereas the insured person pays the invoice and then sends it to the insurer for reimbursement), provided that the benefits are not covered by compulsory insurance (LAMal/KVG).

Prevention courses, advice and services

- Courses organised by the members of the Conference of Swiss Health Leagues (Geliko) or their cantonal sections
E.g.: fall prevention workshops organised by the Swiss League against Rheumatism
- Courses organised by the Swiss Red Cross
- Smoking and alcohol cessation courses
- Nutrition courses and dietary advice
- Swimming lessons for children up to the age of 16
E.g.: baby swimming lessons
- Perineal rehabilitation courses
- Perinatal bereavement services

Preventive products, tests and services purchased in pharmacies

- Preventive tests
Tests covered: dermatology test, allergy test, hearing test, urine test, diabetes test, heart test, blood sugar test, blood pressure test, cholesterol test
- Tobacco substitutes (excluding e-cigarettes)
E.g.: patches, chewing gums, mouth spray,...
- Sun protection creams and sprays
Tip: ask your pharmacist to recommend the right product for your skin.

Preventive tests and treatments

- Genetic tests offered by Gene Predictis SA (on prescription)
Tests covered: estimation of the risk of deep-vein thrombosis linked to the use of the combined contraceptive pills Pill Protect®, assessment of the overall risk of adverse drug reactions Cypass®, exhaustive nutrition analysis to help change eating habits and lifestyle Nutripass®, etc.
- Predictive assessment for breast cancer and multi-pathologies offered by Predilife®
E.g.: Mammorisk® test

Preventive items

- Anti-slip pads for people aged 60 and over
Tip: ideal for shoes and walking sticks to prevent slipping in winter.
- Anti-UV protective clothing for children up to the age of 16