groupemutuel

January 2026 edition

Alternative medicine therapies recognised by Groupe Mutuel as part of "Global GEM" supplemental insurance

The following therapies are covered as long as they are provided by a doctor or a therapist recognised by Groupe Mutuel. Only treatments for therapeutic purposes are covered.

A
Acupressure
Acupuncture
Alexander Technique
An-Mo/Tui-Na massage
Anthroposophic medicine
Aromatherapy
Auriculotherapy
Autogenic training
Ayurvedic massage
Ayurvedic remedies

B
Baunscheidt method
Biodynamics / Biodynamic psychology
Bioresonance
Blood oxidation therapy
Breathing

C
Cataplasms / Wraps
Chromotherapy / color therapy
Classical massage
Colonic irrigation / Colon hydrotherapy
Connective tissue massage
Cranio-sacral therapy
Curative eurythmy

D
Dance and movement therapy
Detoxification method
Drama and Speech Therapy
Doula - perinatal support

E
Electrotherapy
Empirical massage
Energy rebalancing
Esalian massage
Etiopathy
Eutony

F
Fasciatherapy
Foot reflex zone massage

H
Homeopathy

I
Intermediate therapy
Iridology

K
Kinesiology
Kneipp therapy / Hydrotherapy

L
Leeching
Lymphatic drainage

M
Magnetism / Biomagnetism
Magnetic therapy
Massage therapy
Medical massage
Meridian massage
Metamorphic massage
Moxa / Moxibustion
Music therapy

N
Naturopathy
Nutritional advice

O
Ortho-Bionomy
Osteopathy
Ozone therapy

P
Phytotherapy
Plastic and visual mediation therapy
Polarity
Postural integration

R
Rebirthing
Reflexology
Reflexotherapy
Reiki
Rhythmic massage
Rolfing / Structural integration

S
Shiatsu
Sophrology
Sympathy therapy

T
Thai massage
Therapeutic massage
Therapeutic painting
Therapeutic plastic modeling
Tomatis / Audio-psycho-phonology
Touch for Health
Traditional Chinese medicine
Trager massage