



## «SUPRAcare» compulsory health insurance

Medical care based on trust,  
at a competitive price

By requesting that your general practitioner be in charge of your overall medical situation, you will benefit from medical care based on trust and enjoy lower premiums.

SUPRAcare supports the general practitioner approach. Your trusted doctor will maintain an overall view of your medical history and monitor your health on a regular basis. You will benefit from lower premiums and contribute to reducing health costs.

### Rules

- › You are free to designate your general practitioner when signing up to SUPRAcare insurance.
- › Your general practitioner is your first point of contact before seeing any other doctor.
- › With him, you plan your future treatments and decide whether or not to appeal to another healthcare provider.
- › The Insurer covers the costs of treatments which have been carried out or ordered by the general practitioner.

The terms and conditions of insurance apply.

## Your advantages

- › You may choose your family doctor as your general practitioner.
- › You benefit from advantageous premium discounts.
- › Your trusted doctor ensures that you obtain quality medical advice.
- › The benefits covered are identical to those covered by the compulsory health insurance.

## Exceptions

**You are not required to consult your general practitioner first in the following situations:**

- › emergencies;
- › when travelling abroad;
- › ophthalmological treatments;
- › gynaecological check-ups and treatments;
- › treatments during pregnancy and childbirth;
- › dental treatments covered by compulsory health insurance.

## Appointment with another healthcare provider

- › If you wish to see another doctor or healthcare provider, you will need the prior consent of your general practitioner.
- › For your costs to be covered, ask your doctor for a referral certificate (written confirmation) to be sent to us with the relevant invoice.

## Third-party guarantor system

**The «third-party guarantor» system applies to the payment of benefits delivered in pharmacies, reimbursed under the compulsory health insurance:**

- › You pay your invoices directly and claim reimbursement afterwards, once your annual deductible has been reached.
- › You get to enjoy advantageous premiums thanks to the savings generated by your Insurer on administrative expenses.



Find out more about SUPRAcare

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Groupe Mutuel

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