

Alternative medicine therapies recognised by Groupe Mutuel as part of "Optimum" supplemental insurance

The following therapies are covered as long as they are provided by a licensed doctor or a therapist recognised by Groupe Mutuel.

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| <p>A Acupressure
Acupuncture
Alexander Technique
An-Mo/Tui-Na massage
Anthroposophic medicine
Aromatherapy
Auriculotherapy
Autogenic training
Ayurvedic massage
Ayurvedic remedies</p> | <p>I Intermediate therapy
Iridology</p> |
| <p>B Baunscheidt method
Biodynamics / Biodynamic psychology
Bioresonance
Blood oxidation therapy
Breathing</p> | <p>K Kinesiology
Kneipp therapy / Hydrotherapy</p> |
| <p>C Cataplasms / Wraps
Chromotherapy / Color therapy
Classical massage
Colonic irrigation / Colon hydrotherapy
Connective tissue massage
Cranio-sacral therapy
Curative Eurythmy</p> | <p>L Leeching
Lymphatic drainage</p> |
| <p>D Dance and movement therapy
Detoxification method
Drama and Speech Therapy</p> | <p>M Magnetism / Biomagnetism
Magnetic therapy
Massage therapy
Medical massage
Meridian massage
Metamorphic massage
Moxa / Moxibustion
Music therapy</p> |
| <p>E Electrotherapy
Empirical massage
Energy rebalancing
Esalian massage
Etiopathy
Eutony</p> | <p>N Naturopathy
Nutritional advice</p> |
| <p>F Fasciatherapy
Foot reflex zone massage</p> | <p>O Ortho-Bionomy
Osteopathy
Ozone Therapy</p> |
| <p>G Gestalt therapy</p> | <p>P Phytotherapy
Plastic and visual mediation therapy
Polarity
Postural integration</p> |
| <p>H Hematogenous oxygen therapy
Homeopathy</p> | <p>R Rebirthing
Reflexology
Reflexotherapy
Reiki
Rhythmic massage
Rolfing / Structural integration</p> |
| | <p>S Shiatsu
Sophrology
Sympathy therapy</p> |
| | <p>T Thai massage
Therapeutic massage
Therapeutic painting
Therapeutic plastic modeling
Tomatis/Audio-psycho-phonology
Touch for Health
Traditional Chinese Medicine
Trager massage</p> |