

Information on maternity

Benefits during pregnancy and childbirth

Are you planning to have children or are you already expecting a happy event? Congratulations! During your pregnancy, let us help you to better understand how your medical expenses are covered.

Coverage of invoices under compulsory health insurance (AOS/OKP)

During the three periods of pregnancy and maternity defined below, some benefits can be granted without taking into account any cost-sharing amounts (annual deductible and 10% co-insurance).

Maternity benefits not subject to the annual deductible and 10% co-insurance

Before the 13 th week of pregnancy	Between the 13 th week of pregnancy and the 8 th week after childbirth	Between the 8 th and 10 th week after childbirth
<ul style="list-style-type: none">➤ Specific pregnancy examinations➤ Ultrasound examination➤ First trimester screening, blood tests➤ Supplemental benefits in the event of a high-risk pregnancy	All outpatient and inpatient treatments (including birth), with the following exceptions: accidents – dental care – prevention measures – congenital disabilities – non-punishable abortions	<ul style="list-style-type: none">➤ Postpartum check-up➤ Breastfeeding advice

The date of the 13th week of pregnancy will be determined by the information provided by your doctor on the appropriate form.

Preparation for childbirth

Under compulsory health insurance, an amount of CHF 150 is granted for childbirth preparation courses given by a midwife, or for a personal consultation with a midwife for birth, for the planning and organisation of the post-natal period at home and for advice on breastfeeding (individual or group sessions). Ask your gynaecologist or midwife for advice and guidance.

Breastfeeding advice

Do you plan to breastfeed? Compulsory health insurance provides for three advice sessions with a midwife or nurse who has received special training in this field.

Take out insurance for your future child

In order to fully prepare for the arrival of your child and to offer him/her the best possible health coverage, we are able to offer tailor-made insurance. We strongly recommend that you insure your child before birth by opting for our prenatal insurance plan without a health questionnaire. Therefore, you will be able to take out supplemental insurance to cover your child from birth onwards, without any medical reservations, whatever his/her state of health.

We hope that this information will be useful to you. Do not hesitate to contact us throughout your pregnancy if you have any further questions. The same applies if require information on the coverage of benefits under your supplemental insurance. You may contact us by phone on 0848 803 111 or by email: prestations@groupemutuel.ch.

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Manage your contracts, modify your data and monitor your expenses from your computer or mobile phone. Our customer area is available as a GMnet web portal and a free GMapp mobile application.

Your health insurance within easy reach



Overview

You have an overview of the insurance account for all family members.



My requests

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Account status

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Rue des Cèdres 5 – P.O. Box – CH-1919 Martigny

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