



Compulsory health insurance

PrimaFlex

You are free to designate your first point of contact in every situation

- › **PrimaFlex** is a compulsory health insurance model and the first in Switzerland to actively promote prevention measures and to not apply the deductible amount to a number of benefits.

Principle

In the event of a health problem, you are **free to choose** between several first points of contact (pharmacy or telemedicine partner), which will offer advice exclusive to PrimaFlex. You are also free to see your family doctor if you have designated one.



or



or



Pharmacy

Telemedicine

Family doctor*

*You may send us the details of your family doctor at any time. You will not be required to visit this doctor but may do so directly if you wish to, without having to call upon a first point contact initially.

Your advantages

- o In all situations, you are **free to call** upon your designated first point of contact.
- o **Some benefits** (e.g. generic drugs) **will not be charged** to your deductible amount and you will be able to benefit from an optional prevention offer by calling our telemedicine partner (e.g. breast cancer screenings). Therefore, you will be taking care of yourself while helping to reduce health costs!
- o You will also benefit from an attractive **premium discount** compared to standard basic health insurance.

➤ Your commitment

In the event of a health problem, you undertake to visit one of the first points of contact. Following the advice session with your pharmacist or our telemedicine partner, you remain free to decide which therapeutic steps to take within the agreed period.

Examples of therapeutic steps:



or



or



Self-medication

Specialist

Emergency
room

You may deviate from the principles of PrimaFlex insurance in the following cases:

- o in the event of an emergency;
- o for gynaecological check-ups and treatments and those related to pregnancy and childbirth;
- o for eye, dental and paediatric check-ups and treatments;
- o for the follow-up of chronic illnesses (send us a one-off certificate signed by a doctor).

Our partners and their exclusive PrimaFlex offers

Pharmacies

- o Check out the contact details of our 700 partner pharmacies on www.groupemutuel.ch/pharmacy
- o Our partner pharmacies can offer you the opportunity to **test for free** when the pharmacist considers it necessary, for example to detect diabetes, or algorithms to dispense medicines without a prescription.

Telemedicine

- o Our telemedicine partner is available to take your call on **0800 852 852**. Available throughout Switzerland, the service is provided by qualified medical staff, who will help you find the best solution for your health problems.
- o Our telemedicine partner can suggest free targeted prevention measures, such as breast cancer screening **without applying the deductible amount**.

The terms and conditions of insurance apply.

groupe**mutuel**

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