

## Exclusive benefits

PrimaFlex is the first alternative basic insurance model in Switzerland to actively promote prevention and at the same time support equal opportunities, especially with regard to breast cancer screening.

### Breast cancer screening

Breast cancer affects one in eight women in their lifetime (23% of which occur before the age of 50).

Early detection reduces morbidity and heavy treatments, increases the survival rate, and significantly reduces costs. Therefore, in some cantons, cantonal screening programmes have been set up.

However, these programmes are not available throughout Switzerland and only concern a certain age group.

In this context and to support equal opportunities, we would like to improve the early detection of cancer for insured women who have chosen PrimaFlex. To benefit from this, all you have to do is:

1. Contact our telemedicine partner available 24/7 on the number 0800 852 852.
2. Mention that you are insured with PrimaFlex and wish to benefit from the cancer screening offer.
3. Participate in the advice session on this subject
  - a. If you live in a canton with a cantonal screening programme for breast cancer (for women aged 50 to 74 years), our telemedicine partner will recommend that you take part in the programme and will explain what to do.
  - b. In all other cases, whatever your age, the telemedicine centre will ask you a few questions to clarify whether an exam would be beneficial in your situation.
4. Perform, if you wish, the type of exam recommended by our telemedicine partner.
5. In all cases, our telemedicine partner will be available at all times to assist you with any follow-up based on the results of the screening or if you have any concerns or questions.

### Exclusive benefits in a pharmacy

Our partner pharmacies can offer exams free of charge when considered necessary by the pharmacist.

- In-depth discussion, including selected diagnostic tests (e.g. ear test) if required and, if necessary, the delivery of prescription medication without a prescription. If there is no prescription, the insured person will have to pay for the medication.
- Exam to detect a risk of diabetes: long-term blood sugar measurement and discussion with the patient about further treatment, e.g. consultation with a doctor.
- Exam to assess the risk of cardiovascular disease: e.g. cholesterol, blood sugar, blood pressure and waist circumference, as well as a discussion with the patient about the results and information on further treatment.

\* Some partner pharmacies do not have the full offer

## Benefits without deductible

Some benefits are particularly good for your health and help to reduce costs (such as breast cancer screening or generic drugs). We wish to encourage persons insured with PrimaFlex to use the following benefits without us charging for the deductible, provided that the criteria for coverage by basic insurance are met:

### Breast MRIs

- Benefits specific to breast MRIs (TARMED 39.5130, 39.5010, 39.5015), as well as the basic benefits associated to such a consultation (TARMED 39.0010, 39.0015, 39.0020, 39.5300).

### Mammograms

- Benefits specific to screening mammography, preventive mammography, diagnostic mammography with or without localisation/biopsy of a breast defect (TARMED 39.1300, 39.1305, 39.1306, 39.1307, 39.1308, 39.1310, 39.1320, 39.1330), as well as the basic benefits associated to such a consultation (TARMED 39.0010, 39.0015, 39.0020, 39.2100).

### Breast ultrasounds

- Benefits specific to full or partial breast examination by breast ultrasound or underarm sonography (TARMED 39.3430, 39.3440, 39.3445), as well as the basic benefits associated with such a consultation (TARMED 39.0010, 39.0015, 39.0020, 39.3800).

### Generic drugs

- Medicines considered to be generic on the date of purchase of the medicine or within the 90 days preceding this date.

### Pharmacy packages

- Drug validation packages, treatment validation packages and packages for the substitution of an original drug with a generic drug. These packages are exempt from the deductible if at least one generic drug is included in the invoice.

Sometimes the same medical invoice may contain different benefits or even different appointments. It is therefore possible that only part of your invoice, i.e. the part relating to the benefits listed above, is exempt from the deductible.